

## Preparing for Discussion: Participant's Guide

About the Discussion	
Discussion topic:	Date:
Intended Outcome(s) or Goal(s):	

Background information
Here are some resources you can check out in advance:

Personal Reflection
Here are some questions to reflect on as you think about how you will participate:
<ol style="list-style-type: none"><li>1. What is <i>my</i> relation to the topic of discussion?<ol style="list-style-type: none"><li>a. Is this an issue or set of issues that impacts me <i>directly</i>?<ul style="list-style-type: none"><li>→ Is this an issue or set of issues that is attached to part(s) of my identity?</li><li>→ Is this an issue or set of issues that impacts me directly in another way?</li></ul></li><li>b. Is this an issue or set of issues that impacts me <i>indirectly</i>? If so, how?</li></ol></li><li>2. How will my relation to this topic impact the way that I show up?<ol style="list-style-type: none"><li>a. If this topic of discussion feels "close to home," do I need to set any boundaries beforehand?</li><li>b. If this topic doesn't impact me directly, how can I remind myself to be mindful of the ways in which my experience of the discussion will be different from those it does impact?</li></ol></li></ol>