



# BUILDING HABITS OF CONSTRUCTIVE DISCUSSION

As respectful disagreement becomes more difficult, PoliTalks aims to help students build the knowledge, attitudes, and skills necessary to participate constructively in discussions.

PoliTalks lessons help students develop social-emotional learning competencies, including self-awareness, self-management, social awareness, and relationship skills.







## **RESOURCES**

#### **ELEMENTARY LESSONS (4-8)**

These lessons help students develop important skills needed to engage with others and have meaningful discussions.

Students reflect on their identities and the importance of diversity, explore the different factors that shape their perspectives, practice active listening, and learn strategies to ensure discussions are focused on understanding instead of winning.



- personalities affect discussions
- Builds empathy and understanding

### **SECONDARY LESSONS (7-12)**

These lessons allow students to reflect on their views on issues, become curious about the views of others, and explore how values shape their perspectives and opinions.

Students also learn how cognitive biases can distort our judgment and behaviour when we encounter information that challenges our views and practice strategies to mitigate the effects of cognitive biases.



#### **Value Cards**

- Perspective-taking card
- Students take on different values to explore different perspectives

#### CONSTRUCTIVE DISCUSSIONS GUIDE

This guide provides activities and best practices to help teachers create classrooms where discussion thrives.

It also contains discussion protocols that promote inclusive participation, encourage students to take turns speaking and listening and maximize opportunities for collaborative work.







